

# **Blakeney Sailing Club**

## **Health and Safety Policy**

All members should note that Blakeney Sailing Club (BSC) is a Community Amateur Sports Club that is run by members for the benefit of members. We all have a responsibility for our own health and safety and the safety of others. It is the member's responsibility to follow the advice and guidance laid down in the club documentation and not to engage in any activity that puts them or others at risk of injury. For specific guidance reference should be made to the relevant Risk Assessments and Guidance Notes.

### **Aims:**

- To provide adequate control of the health and safety risks arising from club activities
- To provide and maintain safe club equipment
- To provide information in the use of club equipment
- To prevent accidents
- To maintain safe and healthy conditions
- To review and revise this policy as necessary and at regular intervals
- To ensure all members are competent to undertake any risk they may volunteer to undertake

### **Aims of organised water-based activities:**

- To promote the aims of the club
- To meet the activity needs of club members
- To take all reasonable actions to ensure the safety and enjoyment of all persons involved

NB All participating members are responsible for their own safety, and the insurance, suitability and condition of their own boats and equipment at all times.

### **Responsibilities:**

The BSC Committee has the responsibility for ensuring adequate precautions are in place for the safety of all adult and junior members and visitors engaged in organised activities.

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure the boat and crew are adequate to face the conditions that may arise.

BSC is not responsible for the safety of members undertaking water-borne activities not forming part of officially organised club activities.

All persons involved in on or off the water activities share the responsibility of the participants. Therefore:

- It is the duty of all members to be vigilant and aware of all circumstances that may affect the safety of both themselves and others
- It is the duty of all members to notify any Committee member of any situation or circumstances that concerns them, or that they feel may affect the safety of any person. This must be done as soon as possible and confirmed in writing.

**Equipment:**

- Personal buoyancy on the water and suitable footwear to be worn at all times
- During the period 1st October to 31st May dry suit or wetsuit should be worn for all water-borne activities, this includes Patrol Boat helm and crew.
- Patrol boat helms to report any matters regarding the patrol boats or their equipment to the bosun.